



BERZELIUS SYMPOSIUM 111

Acute and Chronic Heart Failure

11–13 March 2026

The Swedish Society of Medicine, together with the Swedish Society for Cardiothoracic Surgery, is pleased to announce Berzelius Symposium 111 – a multidisciplinary meeting focusing on acute and chronic heart failure.

This symposium will bring together leading national and international experts to review and discuss the latest developments in diagnosis, treatment, and management of heart failure.

Target audience

Cardiologists, internal medicine specialists, general practitioners, cardiothoracic surgeons, anesthesiologists, intensive care clinicians and other professions interested in the field.

Key themes

Heart failure remains associated with very high morbidity and mortality
Management and treatment are multidisciplinary and require close coordination
Optimal care involves a broad spectrum of diagnostic and therapeutic approaches
Collaboration across specialties is essential for improved outcomes

The program will run from Wednesday to Friday, featuring case-based discussions, expert presentations (15–20 minutes with discussion), and a symposium dinner on wednesday evening.

Flexible attendance

The program runs from Wednesday to Friday, 11–13 March 2026.
To allow for flexibility, participants may choose to register for one or two days of the symposium. There is no requirement to attend all three days.

We warmly welcome you to join us for this important and inspiring symposium!



The Swedish
Society of Medicine

Registration

www.sls.se/bz111

Program *Day 1 – Wednesday*

Moderators: *Göran Dellgren and Sofia Grudemo*

07.30-08.00	Coffee
08.00-08.15	Welcome, Introduction of the day, and Case presentation by resident
08.15-08.45	Definitions, types (HFrEF, HFpEF), etiologies leading to Heart Failure. <i>Maria Generosa Crespo-Leiro, Cardiology, A Coruña, Spain</i>
08.45-09.15	Epidemiology, molecular mechanisms and genetics in chronic heart failure. <i>Gustav Smith, Cardiology, Sahlgrenska, Gothenburg</i>
09.15-09.45	Congestive Heart Failure – what are the differential diagnoses? <i>Gerhard Wikström, Cardiology, Uppsala</i>
09.45-10.15	Break and coffee
10.15-10.45	Arrhythmias and congestive heart failure. <i>Frieder Braunschweig, Cardiology, Karolinska, Stockholm</i>
10.45-11.15	Why Some Hearts Fail and Others Adapt - Exploring the variability of the failing heart. <i>Kristjan Karason, Cardiology, Sahlgrenska, Gothenburg</i>
11.15-11.30	Case Unveiling Presentation
11.30-12.30	Lunch
Diagnostic Section in CHF <i>Case presentation by resident</i>	
12.30-13.00	Imaging with echocardiography in CHF. <i>Maria Eriksson, Physiology, Karolinska, Stockholm</i>
13.00-13.30	Why are biomarkers important in CHF – the evidence and how I use them? <i>Kieran Docherty, Cardiology, Glasgow, UK</i>
13.30-14.00	Investigation of specific cardiomyopathies and therapeutic

implications. *Arash Mokhtari, Cardiology, Skånes Univ Sjukhus, Lund*

14.00-14.30	A pathologist's perspective on pathophysiology in Congestive Heart Failure. <i>Anders Oldfors, Pathology, Sahlgrenska, Göteborg</i>
14.30-15.00	The Value of MR in Congestive Heart Failure. <i>Marcus Carlsson, Physiology, Karolinska, Stockholm</i>
15.00-15.30	Break and coffee
15.30-16.00	Right heart failure and interplay with left heart failure – myth or reality? <i>Marco Astengo, Sahlgrenska, Göteborg</i>
16.00-16.30	Tricuspid insufficiency and right ventricular strain in heart failure? <i>Per Lindqvist, Cardiology, Umeå</i>
16.30-17.00	Heart Failure and valve diseases – when is intervention or surgery preferred? <i>Anders Jeppsson, Surgery, Sahlgrenska, Göteborg</i>
17.00-17.30	What have we learned from the Swedish Heart Failure Registry? <i>Charlotte Ljungman, Cardiology, Sahlgrenska, Göteborg</i>
17.30-17.50	Clinical Assessment of Advanced Heart Failure – When to Consider Advanced Therapies. <i>Kristjan Karason, Cardiology, Sahlgrenska, Göteborg</i>
17.50-18.00	Case Unveiling Presentation
18.00	Photography
18.15	Drink, Mingel and Symposia Dinner at the Swedish Society of Medicine

Day 2 – Thursday

Moderators: *Lena Jideus and Nadia Sandström*

07.30-08.00	Coffee
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08.00-08.15	Introduction of day and Case presentation by resident		<i>Åke Åkesson, Primary Health Care, Borgholm, Öland</i>
Treatment of Chronic Heart Failure		13.50-14.10	Collaboration between hospital heart failure clinics and primary care: key factors to success? <i>Jonas Spaak, Cardiology, Stockholm</i>
08.15-08.45	CHF and Drugs – what Evidence and for what? <i>Lars Lund, Cardiology, Karolinska, Stockholm</i>		
08.45-09.15	CHF and devices – which patient, when and how? <i>Cecilia Linde, Cardiology, Karolinska, Stockholm</i>	14.10-14.30	CHF patients is best managed by nurses – this is how we do it <i>Maria Liljeroos, RN, Associate Professor, Mälarsjukhuset Eskilstuna and Linköping university.</i>
09.15-09.45	PCI or CABG in CHF and CAD – when to choose what? <i>Elmir Omerovic, Cardiology, Sahlgrenska, Göteborg</i>	14.30-14.45	Panel discussion with speakers and moderators
09.45-10.15	Break and coffee	14.45-15.15	Break and coffee
10.15-10.45	Percutaneous mitral and tricuspid devices in heart failure – when and in whom? <i>TBD</i>	15.15-15.35	What is the evidence for fluid and salt restrictions in CHF patients? <i>Linn Höög, RN, MSc, PhD-student, Department of Cardiology, Heart and Vascular Center, Karolinska University Hospital, Sweden, Department of Neurobiology, Care Sciences and Society, Karolinska Institute Sweden</i>
10.45-11.15	Heart Transplantation and LVAD Bridge-to-HTx – why is it considered gold standard? <i>Göran Dellgren, Surgery, Sahlgrenska, Gothenburg</i>		
11.15-11.45	The recent evolution or revolution of heart transplantation – how did we become the largest institution in the world and how will the future look like? <i>Ashish Shah, Surgery Vanderbilt University, Nashville</i>	15.35-15.55	Telemonitoring in Advanced Heart Failure – Clinical benefits, personal experience, and ongoing research <i>Thomas Mellberg, MD PhD, Heart Failure Specialist, Department of Thoracic Surgery and Cardiology, Sahlgrenska University Hospital</i>
11.45-12.15	Myocardial Recovery: Future Challenges and Opportunities for MCS. <i>Mandeep Mehra, Cardiology, Harvard University, Boston</i>	15.55-16.15	This is how I work up severe heart failure patients – and where we find them? <i>Oscar Braun, Cardiology, Skåne University Hospital, Lund</i>
12.15-12.30	Case Unveiling Presentation and HTx patient perspective	16.15-16.45	Panel discussion with speakers and moderators and case unveiling presentation
12.30-13.30	Lunch		
How to optimize care in hospital and in primary care for CHF patients <i>Case presentation by resident</i>			
13.30-13.50	Heart Failure management in primary care – hospital management at home?		

Ongoing Scandinavian Studies Impacting CHF Patients

16.45-17.45 Rapid fire presentation - on-going studies - 10 min presentation, 5 min discussion

STICH Swedeheart study

Björn Redfors, Cardiology, Sahlgrenska, Göteborg
Comparison PCI vs CABG with HFrEF and CAD

SweVAD study

Göran Dellgren, Surgery, Sahlgrenska, Göteborg
RCT between medical management and LVAD in CHF

SPIRIT-HEFpEF study

Lars Lund, Cardiology, Karolinska, Stockholm
Spironolactone Initiation Registry Randomized Interventional Trial in Heart Failure with Preserved Ejection Fraction

SCAPIS study

Göran Bergström, Physiology, Sahlgrenska, Göteborg
How can the SCAPIS study increase understanding of Heart Failure?

17.55 Resolution of the day

18.00 Mingel

19.00-22.00 Faculty Dinner

Day 3 – Friday

Moderators: *Sigurdur Ragnarsson and Markus Bjurbom*

07.30-08.00 Coffee

08.00-08.15 Introduction and case presentation by resident

Acute Heart Failure and Cardiogenic Shock

08.15-08.45 Beyond the Pump: Reframing Cardiogenic Shock in Heart Failure?
Mandeep Mehra, Cardiology, Harvard University, Boston

08.45-09.15 Acute heart failure management in the intensive care unit – how and for whom?
Mattias Törnudd, Anesthesia, Linköping

09.15-09.45 Cardiogenic shock in the ICU – how and when should we use ECMO?
Michael Broomé, Anesthesia, ECMO-center, Karolinska, Stockholm

09.45-10.30 Break and coffee

10.30-11.00 Cardiogenic Shock Registry Outcomes – What's New and How to Improve.
Maryjane Farr, MD, MSc, Professor of Medicine, University of Pennsylvania, Section Chief, Heart Failure, LVAD, Heart Transplantation, Director of Heart Transplant Research, Penn Transplant Institute, Philadelphia, PA, United States

11.00-11.30 ECPR a resource intensive treatment – for whom and when?
Bengt Redfors, Anaesthesia, Sahlgrenska, Gothenburg

11.30-12.00 Quality-of-life after ECMO and intensive care for acute heart failure – what's known?
Inga lára Ingvarsdóttir, Anaesthesia, Reykjavik, Iceland.

12.00-12.30 Acute heart failure and short-term MCS – what is the level of evidence for what.
Emil Najjar, Cardiology, Karolinska, Stockholm

12.30-12.45 Case Unveiling Presentation and Resolution of Day, Conclude and Fairwell

12.45-13.30 Lunch